

# New Patient Form

Date: \_\_\_\_\_



Patient name: _____	M	F	Date of Birth: ____/____/____
SS# _____			
Address: _____	City: _____	State: ____	Zip Code: _____
Home Phone #: _____	Cell #: _____	Work #: _____	
Email: _____			
Emergency Contact: _____	Emergency Phone #: _____		
Referred by: _____			

Primary Care Physician \_\_\_\_\_

Primary Care Physician Phone # \_\_\_\_\_

Address \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Hobbies/Sports \_\_\_\_\_

Are you:  Right-handed  Left-handed

In the last 2 years have you been involved in a Work Injury, Personal Injury, or Motor Vehicle Accident injury?  YES  NO

Date \_\_\_\_\_ Type of accident \_\_\_\_\_

Chief Complaints/Injuries: \_\_\_\_\_

Have you ever seen a chiropractor?  Yes  No How long ago? \_\_\_\_\_

Where? \_\_\_\_\_ For what condition? \_\_\_\_\_

Results:  no change  minimal improvement  great improvement  complete relief

Are you treating with any other doctors for this condition?  Yes  No

Who? \_\_\_\_\_

Have you had any Diagnostic tests done recently?  MRI  CAT  X-Ray  EMG

If yes, where & when? \_\_\_\_\_

## Health Insurance Information

Insurance Carrier \_\_\_\_\_ Plan Type \_\_\_\_\_

Ref required? Y or N

ID # \_\_\_\_\_ Group # \_\_\_\_\_

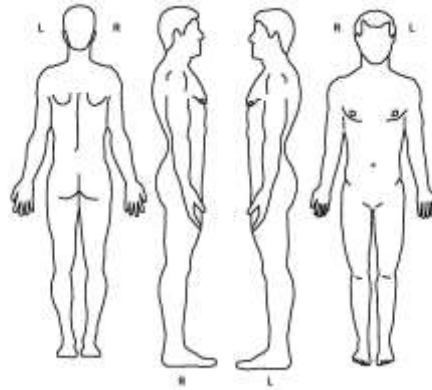
Phone # \_\_\_\_\_

Employer insurance is through? \_\_\_\_\_

Who is the Policy Holder? \_\_\_\_\_

Secondary Insurance? \_\_\_\_\_

Please indicate on the drawings below where you have any pain symptoms in order of severity of pain:



**COMPLAINTS: (List ONE region at a time. For extra areas please see Secondary & Tertiary Complaints.)**  
**Primary Complaint: (Your main symptom)**

- |                                    |                            |                            |                                     |                            |                            |                                      |                            |                            |                                     |                            |                            |
|------------------------------------|----------------------------|----------------------------|-------------------------------------|----------------------------|----------------------------|--------------------------------------|----------------------------|----------------------------|-------------------------------------|----------------------------|----------------------------|
| <input type="checkbox"/> Neck      | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Lower Back | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Upper Back  | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Mid Back   | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Leg        | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Jaw         | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Hip        | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Shoulder  | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Knee       | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Elbow/Wrist | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> Foot/Ankle | <input type="checkbox"/> R | <input type="checkbox"/> L |
| <input type="checkbox"/> Arm/Hand  | <input type="checkbox"/> R | <input type="checkbox"/> L | <input type="checkbox"/> No Pain    |                            |                            | <input type="checkbox"/> Other       | _____                      |                            |                                     |                            |                            |

**1. How would you describe the type of pain?**

- |                                |                                       |                                   |   |
|--------------------------------|---------------------------------------|-----------------------------------|---|
| <input type="checkbox"/> Achy  | <input type="checkbox"/> Burning      | <input type="checkbox"/> Dull     | <input type="checkbox"/> Generally achy, but occasionally sharp |
| <input type="checkbox"/> Numb  | <input type="checkbox"/> Sharp        | <input type="checkbox"/> Shooting | <input type="checkbox"/> Sore                                   |
| <input type="checkbox"/> Stiff | <input type="checkbox"/> Stiff & Sore | <input type="checkbox"/> Tingling | <input type="checkbox"/> Other _____                            |

**2. How would you rank the severity of your pain?**

- |   |                                 |                                       |                                   |
|---|---------------------------------|---------------------------------------|-----------------------------------|
| <input type="checkbox"/> Minimal            | <input type="checkbox"/> Mild   | <input type="checkbox"/> Mild to Mod. | <input type="checkbox"/> Moderate |
| <input type="checkbox"/> Moderate to severe | <input type="checkbox"/> Severe | <input type="checkbox"/> Debilitating |                                   |

**3. When did your problem(s) begin?**  the day of the accident  gradually  unknown  date: \_\_\_\_\_  
 \_\_\_\_\_ days ago  \_\_\_\_\_ weeks ago  \_\_\_\_\_ months ago  \_\_\_\_\_ years ago

**4. How often do you have pain?**  constant  frequent  occasional  off and on

**5. How do you think it began?**  auto accident  work injury  lifting injury  unknown  
 repetitive use injury  sports injury  other \_\_\_\_\_

**6. Does your pain radiate anywhere?**  Yes  No Where? \_\_\_\_\_

**7. Using a scale from 0-10 (10 being the worst), how would you rate your problem?**

0 1 2 3 4 5 6 7 8 9 10 (Please circle)

**8. What aggravates your problem?**

- |  |                                     |                                     |  |                                      |
|--|-------------------------------------|-------------------------------------|--|--------------------------------------|
| <input type="checkbox"/> sitting       | <input type="checkbox"/> standing   | <input type="checkbox"/> lying down | <input type="checkbox"/> with movement   | <input type="checkbox"/> with use    |
| <input type="checkbox"/> walking       | <input type="checkbox"/> running    | <input type="checkbox"/> working    | <input type="checkbox"/> golfing         | <input type="checkbox"/> bending     |
| <input type="checkbox"/> computer work | <input type="checkbox"/> exercise   | <input type="checkbox"/> driving    | <input type="checkbox"/> weather changes | <input type="checkbox"/> standing up |
| <input type="checkbox"/> looking down  | <input type="checkbox"/> looking up | <input type="checkbox"/> reading    | <input type="checkbox"/> _____           | <input type="checkbox"/> _____       |

**9. What alleviates your problem?**

- |                                     |                                     |                                     |   |
|-------------------------------------|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> sitting    | <input type="checkbox"/> standing   | <input type="checkbox"/> lying down | <input type="checkbox"/> movement       |
| <input type="checkbox"/> walking    | <input type="checkbox"/> running    | <input type="checkbox"/> working    | <input type="checkbox"/> with use       |
| <input type="checkbox"/> warm baths | <input type="checkbox"/> exercising | <input type="checkbox"/> massage    | <input type="checkbox"/> pain relievers |
| <input type="checkbox"/> heat       | <input type="checkbox"/> ice        | <input type="checkbox"/> _____      | <input type="checkbox"/> _____          |

**Is there a time of day when your pain is at its worst?**  morning  afternoon  evening  bedtime

**Is there a time of day when you have noticeably less pain?**  morning  afternoon  evening  bedtime

**Have you ever experienced these exact or similar symptoms before? If so, when?**

No  Similar (explain) \_\_\_\_\_  Same When? \_\_\_\_\_

**Secondary Complaint (2<sup>nd</sup> symptom – if necessary)**

- Neck      R L     Lower Back    R L     Upper Back    R L     Mid Back    R L
- Headaches    R L     Leg            R L     Jaw            R L     Hip            R L
- Shoulder      R L     Knee          R L     Elbow/Wrist    R L     Foot/Ankle    R L
- Arm/Hand    R L     No Pain         Other \_\_\_\_\_

**1. How would you describe the type of pain?**

- Achy             Burning         Dull             Generally achy, but occasionally sharp
- Numb            Sharp           Shooting       Sore
- Stiff            Stiff & Sore     Tingling       Other \_\_\_\_\_

**2. How would you rank the severity of your pain?**

- Minimal         Mild             Mild to Mod.     Moderate
- Moderate to severe     Severe         Debilitating

**3. When did your problem(s) begin?**  the day of the accident     gradually     unknown     date: \_\_\_\_\_  
 \_\_\_\_\_ days ago     \_\_\_\_\_ weeks ago     \_\_\_\_\_ months ago     \_\_\_\_\_ years ago

**4. How often do you have pain?**  constant     frequent     occasional     off and on

**5. How do you think it began?**  auto accident     work injury     lifting injury     unknown  
 repetitive use injury     sports injury     other \_\_\_\_\_

**6. Does your pain radiate anywhere?**  Yes  No Where? \_\_\_\_\_

**7. Using a scale from 0-10 (10 being the worst), how would you rate your problem?**

0 1 2 3 4 5 6 7 8 9 10 (Please circle)

**8. What aggravates your problem?**

- sitting             standing             lying down             with movement     with use
- walking            running             working             golfing             bending
- computer work     exercise             driving             weather changes     standing up
- looking down     looking up             reading             \_\_\_\_\_     \_\_\_\_\_

**9. What alleviates your problem?**

- sitting             standing             lying down             movement
- walking            running             working             with use
- warm baths         exercising             massage             pain relievers
- heat                 ice                     \_\_\_\_\_             \_\_\_\_\_

**Is there a time of day when your pain is at its worst?**     morning     afternoon     evening     bedtime

**Is there a time of day when you have noticeably less pain?**  morning     afternoon     evening     bedtime

**Have you ever experienced these exact or similar symptoms before? If so, when?**

No     Similar (explain) \_\_\_\_\_     Same    When? \_\_\_\_\_

---

**Tertiary Complaint (3<sup>rd</sup> Symptom – if necessary)**

- Neck      R L     Lower Back    R L     Upper Back    R L     Mid Back    R L
- Headaches    R L     Leg            R L     Jaw            R L     Hip            R L
- Shoulder      R L     Knee          R L     Elbow/Wrist    R L     Foot/Ankle    R L
- Arm/Hand    R L     No Pain         Other \_\_\_\_\_

**1. How would you describe the type of pain?**

- Achy             Burning         Dull             Generally achy, but occasionally sharp
- Numb            Sharp           Shooting       Sore
- Stiff            Stiff & Sore     Tingling       Other \_\_\_\_\_

**2. How would you rank the severity of your pain?**

- Minimal         Mild             Mild to Mod.     Moderate
- Moderate to severe     Severe         Debilitating

**3. When did your problem(s) begin?**  the day of the accident     gradually     unknown     date: \_\_\_\_\_  
 \_\_\_\_\_ days ago     \_\_\_\_\_ weeks ago     \_\_\_\_\_ months ago     \_\_\_\_\_ years ago

**4. How often do you have pain?**  constant     frequent     occasional     off and on

5. How do you think it began?  auto accident  work injury  lifting injury  unknown  
 repetitive use injury  sports injury  other \_\_\_\_\_

6. Does your pain radiate anywhere?  Yes  No Where? \_\_\_\_\_

7. Using a scale from 0-10 (10 being the worst), how would you rate your problem?

0 1 2 3 4 5 6 7 8 9 10 (Please circle)

8. What aggravates your problem?

- sitting  standing  lying down  with movement  with use
- walking  running  working  golfing  bending
- computer work  exercise  driving  weather changes  standing up
- looking down  looking up  reading  \_\_\_\_\_  \_\_\_\_\_

9. What alleviates your problem?

- sitting  standing  lying down  movement
- walking  running  working  with use
- warm baths  exercising  massage  pain relievers
- heat  ice  \_\_\_\_\_  \_\_\_\_\_

Is there a time of day when your pain is at its worst?  morning  afternoon  evening  bedtime

Is there a time of day when you have noticeably less pain?  morning  afternoon  evening  bedtime

Have you ever experienced these exact or similar symptoms before? If so, when?

No  Similar (explain) \_\_\_\_\_  Same When? \_\_\_\_\_

## Background Information

Age \_\_\_\_\_ Race:  African Amer.  Amer. Indian  Asian  Caucasian  Hispanic  Mid. Eastern  Other \_\_\_\_\_

Height \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight \_\_\_\_\_ lbs. Occupation \_\_\_\_\_

Exercise:  Never  Occasionally  Frequently  Daily Do you smoke?:  Yes  No \_\_\_\_\_ packs/day

Do you consume alcohol?  Yes  No  socially  occasionally  frequently  daily

Have you had any of the following treatments in the past? What was done, when and how effective?

1. Anti-inflammatories: Type \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_
2. Muscle relaxors: Type \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_
3. Pain medications: Type \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_
4. Physical Therapy: Where \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_
5. Surgeries: \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_
6. Chiropractic care: Where \_\_\_\_\_  comp. relief  great imp.  min. imp.  no imp. When? \_\_\_\_\_

For each of the conditions listed below, place a check in the "past" column if you have had the condition in the past. If you presently have a condition listed below, place a check in the "present" column.

### Past Present

- Headaches
- Neck Pain
- Upper Back Pain
- Mid Back Pain
- Low Back Pain
- Shoulder Pain
- Elbow/Upper Arm Pain
- Wrist Pain
- Hand Pain
- Hip Pain
- Upper Leg Pain
- Knee Pain
- Chronic Sinusitis
- Ankle/Foot Pain
- Jaw Pain
- Joint Pain/Stiffness
- Arthritis
- Rheumatoid Arthritis
- General Fatigue
- Muscular Incoordination
- Visual Disturbances
- Other: \_\_\_\_\_

### Past Present

- Dizziness
- High Blood Pressure
- Heart Attack
- Chest Pains
- Stroke
- Angina
- Kidney Stones
- Kidney Disorders
- Bladder Infection
- Painful Urination
- Loss of Bladder Control
- Prostate Problems
- Abnormal Wt. Gain/Loss
- Loss of Appetite
- Abdominal Pain
- Ulcer
- Hepatitis
- Liver/GallBladder Disorder
- Cancer
- Tumor

### Past Present

- Diabetes
- Excessive Thirst
- Frequent Urination
- Smoking/Tobacco Use
- Drug/Alcohol Dependence
- Allergies
- Depression
- Systemic Lupus
- Epilepsy
- Dermatitis/Eczema/Rash
- HIV/AIDS
- Asthma

### FOR FEMALES ONLY

- Birth Control Pills
- Hormonal Replacement
- Pregnancy
- Dysmenorrhea (cramps)
- Endometriosis
- Menopause Symptoms

List all prescription or over-the-counter medications you are currently taking:

---

List all the supplements you are currently taking:

---

List all surgical procedures you have had:

---

**Do you have any history of the following health problems in your family?**

Respiratory disease	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Hypertension (high blood pressure)	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Gastro-Intestinal disease	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Diabetes	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Skin Disease	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Neurological disease	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Arthritis	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Stroke	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Cancer (type)	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather
Heart disease	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Grandmother	<input type="checkbox"/> Grandfather

**Have you ever been hospitalized?**  Yes  No When? \_\_\_\_\_

For what? \_\_\_\_\_

**Have you had any significant past trauma?**  Yes  No When? \_\_\_\_\_

Explain. \_\_\_\_\_

---

**Any other pertinent information you need to share with us?** \_\_\_\_\_

---

---

---